



WINTER MENU

Name _____

Menu for Week 1

MAIN MEAL	DESSERT	SOUP / BREAD
MONDAY		
<input type="checkbox"/> Pork Sausage with Apple Sauce	<input type="checkbox"/> Blueberry Pie	<input type="checkbox"/> Potato & Bacon Soup
<input type="checkbox"/> Lamb Casserole	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Lamb Casserole	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
TUESDAY		
<input type="checkbox"/> Fish Cakes & White Sauce	<input type="checkbox"/> Custard Tart	<input type="checkbox"/> Cauliflower Soup
<input type="checkbox"/> Beef Lasagne	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Beef Lasagne	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
WEDNESDAY		
<input type="checkbox"/> Roast Beef & Gravy	<input type="checkbox"/> Jelly, Fruit & Custard	<input type="checkbox"/> Beef & Vegetable Soup
<input type="checkbox"/> Roast Pork & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Roast Pork & Gravy	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
THURSDAY		
<input type="checkbox"/> Beef Pot Pie	<input type="checkbox"/> Apple Pudding & Cream	<input type="checkbox"/> Creamy Tomato & Vegetable Soup
<input type="checkbox"/> Chicken Schnitzel & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Chicken Schnitzel & Gravy	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
FRIDAY		
<input type="checkbox"/> Crumbed Fish & Vegetables	<input type="checkbox"/> Chocolate Mousse with Cream	<input type="checkbox"/> Pumpkin Soup
<input type="checkbox"/> Lamb Sausage & Rosemary Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Lamb Sausage & Rosemary Gravy	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments

Menu for Week 2

MAIN MEAL	DESSERT	SOUP/BREAD
MONDAY		
<input type="checkbox"/> Apricot Chicken	<input type="checkbox"/> Trifle	<input type="checkbox"/> Potato & Leek Soup
<input type="checkbox"/> Steak & Kidney Pie	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Steak & Kidney Pie	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
TUESDAY		
<input type="checkbox"/> Beef & Rice Balls in Tomato Sauce	<input type="checkbox"/> Self-Saucing Pudding	<input type="checkbox"/> Pea & Ham Soup
<input type="checkbox"/> Curry Prawns & Rice	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Curry Prawns & Rice	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
WEDNESDAY		
<input type="checkbox"/> Roast Chicken with Mushroom Sauce	<input type="checkbox"/> Salted Caramel Pannacotta	<input type="checkbox"/> Tomato Soup
<input type="checkbox"/> Roast Lamb & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Roast Lamb & Gravy	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
THURSDAY		
<input type="checkbox"/> Chicken Rissoles & Gravy	<input type="checkbox"/> Chocolate Bavarian	<input type="checkbox"/> Beef & Barley Soup
<input type="checkbox"/> Pork In Plum Sauce	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Pork In Plum Sauce	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments
FRIDAY		
<input type="checkbox"/> Crumbed Fish & Vegetables	<input type="checkbox"/> Lemon Delicious	<input type="checkbox"/> Chicken & Vegetable Soup
<input type="checkbox"/> Beef Stew & Mash	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Beef Stew & Mash	<input type="checkbox"/> Yoghurt	<input type="checkbox"/> Bread with Condiments



Name _____

Menu for Week 3

MAIN MEAL	DESSERT	SOUP/BREAD
MONDAY		
<input type="checkbox"/> Beef Rissoles & Gravy	<input type="checkbox"/> Spiced Fruit Bake	<input type="checkbox"/> Potato & Bacon Soup
<input type="checkbox"/> Apple Mustard Pork	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
TUESDAY		
<input type="checkbox"/> Chicken Mornay	<input type="checkbox"/> Baked Custard	<input type="checkbox"/> Cauliflower Soup
<input type="checkbox"/> Crumbed Steak & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
WEDNESDAY		
<input type="checkbox"/> Roast Beef & Gravy	<input type="checkbox"/> Apple Pie & Cream	<input type="checkbox"/> Beef & Vegetable Soup
<input type="checkbox"/> Roast Chicken & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
THURSDAY		
<input type="checkbox"/> Tuna Mornay	<input type="checkbox"/> Sticky Date Pudding with Cream	<input type="checkbox"/> Creamy Tomato & Vegetable Soup
<input type="checkbox"/> Meatloaf	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
FRIDAY		
<input type="checkbox"/> Crumbed Fish & Vegetables	<input type="checkbox"/> Carrot Cake with Cream Cheese Frosting	<input type="checkbox"/> Pumpkin Soup
<input type="checkbox"/> Ham Steaks with Grilled Pineapple	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		

Menu for Week 4

MAIN MEAL	DESSERT	SOUP/BREAD
MONDAY		
<input type="checkbox"/> Silverside with White Sauce	<input type="checkbox"/> Fruit Cobbler	<input type="checkbox"/> Potato & Leek Soup
<input type="checkbox"/> Savoury Mince	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
TUESDAY		
<input type="checkbox"/> Steak Dianne with Potato Bake	<input type="checkbox"/> Pineapple Coconut Cheesecake	<input type="checkbox"/> Pea & Ham Soup
<input type="checkbox"/> Honey Mustard Chicken	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
WEDNESDAY		
<input type="checkbox"/> Roast Chicken & Gravy	<input type="checkbox"/> Fruit & Custard	<input type="checkbox"/> Tomato Soup
<input type="checkbox"/> Roast Pork & Gravy	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
THURSDAY		
<input type="checkbox"/> Braised Steak with Onion Gravy	<input type="checkbox"/> Bread & Butter Pudding & Cream	<input type="checkbox"/> Beef & Barley Soup
<input type="checkbox"/> Chicken Pasta Bake	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		
FRIDAY		
<input type="checkbox"/> Crumbed Fish & Vegetables	<input type="checkbox"/> Fruit Crumble & Custard	<input type="checkbox"/> Chicken & Vegetable Soup
<input type="checkbox"/> Curried Sausages	<input type="checkbox"/> Fresh Fruit	<input type="checkbox"/> Bread with Condiments
<input type="checkbox"/> Yoghurt		

Please indicate quantities of bags of bread you would like, as you can receive more on Fridays to cover the weekends, or perhaps breakfast each day (each bag contains two slices of bread, butter and assorted condiments).