



SUMMER MENU

Menu for Week 1

| MAIN MEAL | DESSERT |
|---|--|
| MONDAY | |
| <input type="checkbox"/> Tuna Mornay | <input type="checkbox"/> Peach & Apricot Crumble |
| <input type="checkbox"/> Lamb Forequarter Chops | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Tuna Salad | <input type="checkbox"/> Yoghurt |
| TUESDAY | |
| <input type="checkbox"/> Fish Cakes & White Sauce | <input type="checkbox"/> Baked Rice Pudding |
| <input type="checkbox"/> Beef Lasagne | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Chicken Salad | <input type="checkbox"/> Yoghurt |
| WEDNESDAY | |
| <input type="checkbox"/> Roast Beef & Gravy | <input type="checkbox"/> Jelly, Fruit & Custard |
| <input type="checkbox"/> Roast Pork & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Pork Salad | <input type="checkbox"/> Yoghurt |
| THURSDAY | |
| <input type="checkbox"/> Braised Steak with Onion Gravy | <input type="checkbox"/> Chocolate Mousse with Cream |
| <input type="checkbox"/> Chicken Schnitzel & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Roast Beef Salad | <input type="checkbox"/> Yoghurt |
| FRIDAY | |
| <input type="checkbox"/> Crumbed Fish & Vegetables | <input type="checkbox"/> Apple Pudding |
| <input type="checkbox"/> Grilled Fish & Vegetables | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Beef Stroganoff | <input type="checkbox"/> Yoghurt |
| <input type="checkbox"/> Corned Beef Salad | |

Meals are proudly prepared by Wilay Cafe from Monday 13 November 2023

1/2024 - Main Meal and Dessert for a flat price of \$13.00

Name _____

Menu for Week 2

| MAIN MEAL | DESSERT |
|--|--|
| MONDAY | |
| <input type="checkbox"/> Apricot Chicken | <input type="checkbox"/> Salted Caramel Pannacotta |
| <input type="checkbox"/> Meatball Pasta Bake | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Ham Salad | <input type="checkbox"/> Yoghurt |
| TUESDAY | |
| <input type="checkbox"/> Steak & Kidney | <input type="checkbox"/> Chocolate Bavarian |
| <input type="checkbox"/> Country Chicken Casserole | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Tuna Salad | <input type="checkbox"/> Yoghurt |
| WEDNESDAY | |
| <input type="checkbox"/> Roast Chicken with Gravy | <input type="checkbox"/> Trifle |
| <input type="checkbox"/> Roast Lamb & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Lamb Salad | <input type="checkbox"/> Yoghurt |
| THURSDAY | |
| <input type="checkbox"/> Chicken Rissoles & Gravy | <input type="checkbox"/> Banana Caramel Self-Saucing Pudding |
| <input type="checkbox"/> Savoury Mince | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Chicken Salad | <input type="checkbox"/> Yoghurt |
| FRIDAY | |
| <input type="checkbox"/> Crumbed Fish & Vegetables | <input type="checkbox"/> Apple & Rhubarb Strudel |
| <input type="checkbox"/> Grilled Fish & Vegetables | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Beef & Rice Balls | <input type="checkbox"/> Yoghurt |
| <input type="checkbox"/> Corned Beef Salad | |



Name _____

Menu for Week 3

| MAIN MEAL | DESSERT |
|---|---|
| MONDAY | |
| <input type="checkbox"/> Curry Prawns & Rice | <input type="checkbox"/> Chocolate Brownie & Cream |
| <input type="checkbox"/> Beef Sausage, Tomato & Onion Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Corned Beef Salad | <input type="checkbox"/> Yoghurt |
| TUESDAY | |
| <input type="checkbox"/> Sweet & Sour Chicken | <input type="checkbox"/> Baked Custard |
| <input type="checkbox"/> Crumbed Steak & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Ham Salad | <input type="checkbox"/> Yoghurt |
| WEDNESDAY | |
| <input type="checkbox"/> Roast Beef & Gravy | <input type="checkbox"/> Apple Pie & Cream |
| <input type="checkbox"/> Roast Chicken & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Roast Beef Salad | <input type="checkbox"/> Yoghurt |
| THURSDAY | |
| <input type="checkbox"/> Chicken Kebabs | <input type="checkbox"/> Sticky Date Pudding with Cream |
| <input type="checkbox"/> Meatloaf & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Chicken Salad | <input type="checkbox"/> Yoghurt |
| FRIDAY | |
| <input type="checkbox"/> Crumbed Fish & Vegetables | <input type="checkbox"/> Banana Cake |
| <input type="checkbox"/> Grilled Fish & Vegetables | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Ham Steaks with Grilled Pineapple | <input type="checkbox"/> Yoghurt |
| <input type="checkbox"/> Tuna Salad | |

Menu for Week 4

| MAIN MEAL | DESSERT |
|--|---|
| MONDAY | |
| <input type="checkbox"/> Silverside with White Sauce | <input type="checkbox"/> Orange & Poppyseed Muffin |
| <input type="checkbox"/> Pork Belly Bites | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Roast Beef Salad | <input type="checkbox"/> Yoghurt |
| TUESDAY | |
| <input type="checkbox"/> Steak Dianne with Potato Bake | <input type="checkbox"/> Butterscotch Pudding |
| <input type="checkbox"/> Chicken Scallopini | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Corned Beef Salad | <input type="checkbox"/> Yoghurt |
| WEDNESDAY | |
| <input type="checkbox"/> Roast Chicken & Gravy | <input type="checkbox"/> Peaches & Custard |
| <input type="checkbox"/> Roast Pork & Gravy | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Chicken Salad | <input type="checkbox"/> Yoghurt |
| THURSDAY | |
| <input type="checkbox"/> Beef Rissoles & Gravy | <input type="checkbox"/> Bread & Butter Pudding & Cream |
| <input type="checkbox"/> Butter Chicken | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Pork Salad | <input type="checkbox"/> Yoghurt |
| FRIDAY | |
| <input type="checkbox"/> Crumbed Fish & Vegetables | <input type="checkbox"/> Creamy Mango Rice |
| <input type="checkbox"/> Grilled Fish & Vegetables | <input type="checkbox"/> Fresh Fruit Salad |
| <input type="checkbox"/> Curried Sausages | <input type="checkbox"/> Yoghurt |
| <input type="checkbox"/> Ham Salad | |